



Diocese of Lafayette
Curriculum with Resources Tools

Fall Semester Year 1:

Session 1: The Dignity of the Human Person?

Kickstart Retro (Curriculum Guide Vol 1.)

Life Teen: Series: More Than Flesh & Bones (Pdf on Resource.lifeteen.com)

YDisciple: Session 1: Made Good (Created and Claimed Video Series)

Ascension Press Fr. Mike Schmitz: Quick Catholic Lessons, Vol. 2 (Lesson 1: Why God Gave Us Bodies)

Sycamore: Session 18: The Social Teaching of the Church

You Series: Session 1 Created for love; Session 2: Naked Without Shame.

Chosen: This is your Catholic Faith Session 1 and Session 2

EQ Saints: a. Created in God's Image: A Look at Human Dignity

Darkroom Justice: Episode "It Feels Good Punching You In the Face."

Saint for reflections:

St. Theresa of Calcutta

Session 2: Am I enough for God? or is God enough for Me?

Kickstart: Page 43 Trust Me (Curriculum Guide Vol 1.)

Life Teen: Series Downside-Up Session Lonely Together Desire for Love (pdf on resource.lifeteen.com)

Ydisciple: Series Created and Claimed Session 2: Made for More

Ascension Press Fr. Mike Schmitz: Lesson 4 What Does God want me to do?

Sycamore: Session 10: The Meaning of Love

YOU Series: Session 3: Love Defined

Chosen: This is your Catholic Faith: Session 3: What's your story, God?

EQ Saints: Transition: Session 2 - A Night of Gratitude

Saint for reflections:

St. Maximilian Kolbe

Session 3: How to Read the Bible?

1. Kickstart: Page 37 Mystery Revealed: (Curriculum Guide Vol 2.)
2. Life teen: Series Verified: Trending: The Necessity of Scripture (pdf on resource. lifeteen)
3. Ydisciple: Known Series Session 4 How to Meditate with Scripture
4. Ascension Press Fr. Mike Schmitz: Lesson 4: Learning how to love from the Bible: (Quick Catholic Lessons Vol 1.)
5. Sycamore: Session 6: The Bible
6. You Series: (TOB themes)
7. Chosen: This is your Catholic Faith: How do I know God is real? Session 4
8. EQ Saints: Waiting on the Word: Praying the Lectio Divina

Saint for reflections:

- St Jerome

Fall Semester Year 1:

Session 4: How to Pray?

1. Kickstart: Connect Group Guide Vol.1 Sessions 1-3
2. Life Teen: Series Dedicated Page 127 a life night on prayer
3. Ydisciple: Known Series Session 1: Encountering God
4. Ascension Press Fr. Mike Schmitz: Lesson 7 The Power of Prayer (Quick Catholic Lessons Vol. 1)
5. Sycamore: Session 8: The Power of Prayer
6. Chosen: This is your Catholic Faith: Session 18 Are You Talking to Me?
7. EQ Saints: Saints and Spirituality: Session 1 - Discovering My Spirituality

Saint for reflections:

- St Therese of Avila

Session 5: What is a healthy lifestyle?

1. Kickstart: Session 2 – Joyful Suffering A Courageous Life Saint Profile: St. John Paul the Great (Connect Group Guide Vol.2)
2. Life Teen: Series: Keep it together and the Lies we tell ourselves: Session Just Keep Smiling Dealing with Stress
3. Ydisciple: In Pursuit Series: Session 2: Seeking Fulfillment.
4. Ascension Press Fr. Mike Schmitz: Lesson 15: Catholics, Alcohol, and Drinking (Quick Catholic Lessons: Vol. 2)
5. Sycamore: Session 9: Finding True Freedom
6. YOU: Session 7 The Language of the Body.
7. Chosen: This is your Catholic Faith: Session 21: Do I have What it Takes? (Building virtue—your spiritual workout.
8. EQ Saints: Let Our Light Shine: Glow-in-the-Dark Dodge Ball (theme our body is a temple)

Saint for reflections:

St. Pier Giorgio Frassati

Session 6: What is friendship?

1. Kickstart: Session 2: More than Small Talk: The Art of Conversation (Connect Group Vol.6)
2. Life Teen: Search Retreat Session: Finding Community: The Body of Christ
3. Ydisciple: The Invitation Series: Session 4: You are not Alone
4. Ascension Press Fr. Mike Schmitz: Lesson 6: Is it OK to Judge Someone? (Quick Catholic Lessons Vol. 1)
5. Sycamore: Session 13 The Community of the Church
6. Chosen: This is Your Catholic Faith: Session 20 What would Jesus Do?
7. EQ Saints: Highly Effective Habits of a Good Friend

Saint for reflections:

St. John the Evangelist

- *His friendship with Christ as the Beloved Disciple.*

Session 7: Fides et Ratio?

1. Kickstart: Session 6: Reason and Intellect (Connect Group Vol.3)
2. Life Teen: Blind Curve: Life Night Planning Guide Faith and Reason
3. Ydisciple: The Invitation Series: Session 4: You are not Alone
4. Ascension Press Fr. Mike Schmitz: Lesson 6: Is it OK to Judge Someone? (Quick Catholic Lessons Vol. 1)
5. Sycamore: Session 7: The gift of Faith
6. Chosen: This is Your Catholic Faith: Session 23 How do I Build the Kingdom?
7. EQsaints: Faith & Belief - Session 3: The Catholic Church & Science

Saint for Reflections:

St. John Paul II

HIGH SCHOOL FALL IMPORTANT CATECHETICAL COMPONENTS

Fall Semester Year 1 (Creed and Leadership Evangelization)

- 1.1 Catholic Understanding of Desires (CCC 27)
- 1.2 What am I living for? (CCC Prologue)
- 1.3 How do we speak about God? (CCC 31–35)
- 1.4 Family of Origin: How Attachment Styles Affects my Faith in the Father (CCC 239) (CCC 1608)
- 1.5 Baptism: Eternal and Unbreakable Bond (CCC 1268, 1272)
- 1.6 Knowledge of God (CCC 50–67)
- 1.7 Faith and Reason (CCC 286, *Fides et Ratio* by John Paul II)
- 1.8 What is Devotion? Can I Commit? (CCC 2095)
- 1.9 Unpacking your Story (sharing, trial, openness, redemption & renewal your yes) *Burning Hearts Apostolate*
- 1.10 Universal Call to Holiness (CCC 2013-2014, CCC 2028 John Paul II address to World Youth Day, 2000)
- 1.11 What was man's experience with the body after sin entered the world? (CCC 374–379 CCC 396–398)
- 1.12 What will our experience of the body be like in heaven in a glorified state? (CCC 1000-1017)

Spring Semester Year 1:

Session 1: I Believe in God

Kickstart God Under the Microscope The Existence of God

Life Teen: God or Unicorn A Life Night on the Existence of God

YDisciple: The "God Is..." Collection

Aquinas 101: Who is God? How Can We Know Him?

EQSaints: DARKROOM FAITH

Magis Center: The scientific evidence for God

Saint for reflection:

Venerable Madelene Debrel

Session 2: I Believe in Jesus Christ

Kickstart Common Thread Founded by Christ, Sustained by the Holy Spirit

Life Teen: Series: More Than Flesh & Bones (Pdf on Resource.lifeteen.com)

YDisciple: Who do you say that I am Gospel of Luke Bible Study

Aquinas 101: Lesson 2: Jesus Christ: True God and True Man (Youtube The Thomistic Institute)

EQSaints: Jesus and Prophecies Bible Study: Week 1 - Well, What Did you Expect?

Saint for reflection:

St. Peter

Session 3: The Four Marks of the Church

Kickstart: Permanent Marker: The Four Marks of the Church

Life Teen: Made A Life Night Series on the Four Marks of the Church

YDisciple: Sanctuary: One, Holy, Catholic, Apostolic Church

EQSaints: Mark My Word: Exploring the Four Marks of the Church

Saint for reflections:

St. Augustine of Hippo

Session 4: The Blessed Mother; Mother of the Church

Kickstart: Session 2: Queen of Heaven: Praying with Mary (Connect Night)

Life Teen: Immaculata Life Night Series on Mary

YDisciple: YDRosary Guide Resource

EQSaints: Magnificat: Praying our Song of Praise with Mary

Saint for reflections:

St. Louis De Montfort

Session 5: Materialism and Detachment

Kickstart: Session 8: Get Moving Prayer and Works

Life Teen: No Strings Attached An Issue Night On Materialism & Detachment

YDisciple: Large Group Event: Hunger Meal

EQSaints: In the Vineyard: The Dignity of Work (Matthew 20:1-16)

Saint for reflections:

St. Francis of Assisi

Session 6: The Beatitudes

Garden of Praise: <https://gardenofpraise.com/bibl42s.htm>

CATECHISM The Beatitudes- 1716-1729 Freedom of Will- 1934

Kickstart: Chosen: The Gospel of St. Matthew

Life Teen: The Work at Hand A Life Night Series on the Beatitudes

Saint for reflections:

St. Pier Giorgio Frassati

Session 7 Redemptive Suffering: Pascal Mystery in our Life

Kickstart: The Struggle is Real: Suffering

Life Teen: Brain Fog Why Suffering Exists

YDisciple: Jesus the Healer Bible Study

EQSaints: Through Suffering - Bible Study

Saint for reflections:

St. Francis of Assisi

HIGH SCHOOL IMPORTANT CATECHETICAL COMPONENTS SPRING SEMESTER YEAR 1

1.1 The Hard Battle: Why is it so difficult today? (CCC 407-409)

1.2 I Believe in Jesus Christ (CCC 422-426)

1.3 Jesus is "led by the Spirit (CCC 536-538)

1.4 The Parables: Teaching Like Jesus (CCC 543-546)

1.5 Studying the Sacred Heart of Jesus (CCC 478, CCC 607)

<https://www.youtube.com/watch?v=-pPmOIEaGZI>

*1.6 Jesus the Teacher, Jesus the Man, and Jesus the Savior (CCC Teacher: 65, 515, 561,
Man: 470, 538, 470, 478, Savior: 457, 458, 615)*

1.7 What is a true friend? (CCC 2715 John 15:15)

YEAR II

Praying with Scripture (CCC 105-114, 135 - 136, 731, 1177, 2653 - 2654, 2708)

Fall Semester Year 2: Bible Study with Covenants

Session 1 Early World/ The Covenant with Adam

1. *Bible Basics for Catholics* by Dr. Bergsma pages 3-32
2. *Walking with God* by Jeff Cavins pages 5-20
3. YouTube: Catholic Blueprint for Scripture: Diocese of Lafayette Video by Chad Judice <https://www.youtube.com/watch?v=TVYwcFzAcr8>

Session 2 The Covenant with Noah

1. *Bible Basics for Catholics* pages 33-40
2. *Walking with God* by Jeff Cavins pages 20-30
3. YouTube: <https://www.youtube.com/watch?v=K54cz1LXeMM>

Session 3 The Covenant with Abraham

1. *Bible Basics for Catholics* pages 43-59
2. *Walking with God* by Jeff Cavins pages 31-47
3. Youtube: Covenant with Abraham: <https://www.youtube.com/watch?v=OOxyPJJ9bSI>

Session 4 The Covenant with Moses

1. *Bible Basics for Catholics* pages 61-83
2. *Walking with God* by Jeff Cavins pages 55-85
3. YouTube: Covenant with Moses: <https://www.youtube.com/watch?v=VAs5EUqQ5ic>

Session 5 The Davidic Covenant

1. Bible Basics for Catholics pages 85-102
2. Walking with God by Jeff Cavins pages 137-162
3. Youtube: Davidic Covenant: <https://www.youtube.com/watch?v=gfiYFqE3YAA>

Session 6 The Prophets

1. Bible Basics for Catholics pages 103-122
2. Walking with God by Jeff Cavins pages 163-200
3. Youtube: Prophets <https://www.youtube.com/watch?v=6Bz0QvkOMkY>

Session 7 The Eucharistic Covenant

1. Bible Basics for Catholics pages 123-152
2. Walking with God Jeff Cavins pages 233-260
3. Youtube: <https://www.youtube.com/watch?v=alsSbTTETks>

Spring Semester Year 2: Apologetics

“Truth Be Told: Basics in Catholic Apologetics” By Mark Hart

Life of Christ by Fulton Sheen

Why Be Catholic By Trent Horn

Case for Jesus Dr. Brant Pitre

How Come Catholic Apologetics for Cajuns Ed Comeaux

Scott Hahn: “Signs of Life”

Session 1: The necessity of Baptism for Salvation

Kickstart: HEAR ME OUT BEGINNERS’ APOLOGETICS

Life Teen: Take the Plunge A Life Night on the Sacrament of Baptism

YDisciple: Session 1: Living Grace

EQ Saints: DARKROOM FAITH: Religion

Saint for Reflections:

St. Francis Xavier

Session 2: Sin and the Need for Life Long Conversion

Kickstart Session 2 – Obstacles to Charity

Life Teen: Religion or Freedom A Life Night on Organized Religion

YDisciple: Session 2: Made for More

Sycamore: Session 12: Creation, Fall, Salvation

EQ Saints: God & Us - Session 1: Sin & the Need for Restoration

Saint for Reflections:

St. Ignatius of Loyola

Session 3: The Source and Summit

Kickstart: But...Why A Life Night on the Sacrament of the Eucharist

Life Teen: You Are What You Eat A Life Night On The Institution Of The Eucharist

YDisciple: Session 4: Living Mission

EQ Saints: Friendship with Christ - Session 6: Praying the Mass

Saint for Reflections:

Blessed Alexandrina Maria da Costa

Session 4: The Four Last Things

Kickstart Coming Attractions A Life Night on Judgment and Eternal Life

Life Teen: Dead A Life Night Series on the Last Things

YDisciple: Unshakable: Bible Study

EQ Saints: DARKROOM FAITH: Afterlife

Saint for Reflections:

Venerable Fulton Sheen

Session 5: What is Love?

Kickstart Session 3 – Dating Well Dating Within God's Plan

Life Teen: Sliding Into the DMs A Life Night On Relationships And Dating

YDisciple: Lectio Divina: Love

EQ Saints: Words to the Wise: Relationship Advice in Proverbs

Saint for Reflections:

St. Therese of Liseaux

Session 6: Sharing in his Divine Life

Kickstart Session 7 – Lighten Up The Luminous Mysteries of the Rosary

Life Teen: Life In The Vine: The Gifts and Fruits of the Holy Spirit

YDisciple: Transformed by Grace-Bible Study

EQ Saints: Saints and Spirituality: Session 5 - St. Teresa of Avila: Pursuit of Truth

Saint for Reflections:

St. John of the Cross

Spring Semester Year II (Sacraments) Important Catechetical Components

2.1 Eucharist as Source and Summit (<https://www.usccb.org/prayer-and-worship/the-mass>, CCC 1327, CCC 1396)

2.2 Living a Holy Sunday (Dies Domini (On the Lord's Day) by Pope John Paul II)

2.3 Act of Contrition and the Sacrament of Penance (CCC 1422–1424, 1451, 1452-1453)

Chapter One The Long Loneliness by Dorothy Day: Confession

2.4 Authority of the Sacraments are from Christ and his Bride the Church (CCC 1468,1485)

2.5 The Struggle and the Victory (Romans 7:15, Romans 7:24-25, 1 Cor. 15:57, Romans 16:26) Sin CCC 1849-1851 Distinctions Mortal and Venial Sins)

2.6 The Difference between Guilt and Shame (CCC 1778, Examine before reception of Sacraments CCC 1454 Shame: CCC 400, Why Modesty matters CCC 2521, 2522)

2.7 Evangelizing as the Body of Christ: <https://www.youtube.com/watch?v=f9e-fx3JWX8> (CCC 787-791)

2.8 On Discipleship (CCC 520, 562, 1693-1694, 1814-1816) John 13 : 34 - 35

2.9 The Holy Trinity (CCC 221, 232-237, 257-260, 1024, 2014, 2157)

2.10 The Blessed Mother and her Role in my Life (CCC 971, 411,490, 492, 966)

2.11 The Mystery of Suffering (CCC 309-314) Ephesians 5:1-2, John 15:11-15)